

PHASE MONTHLY

"a world full of abilities"



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JONAS SAYS

Dear PHASE Community,

It's Springtime, it's time to look back and celebrate the incredible successes and milestones we've reached together. From our school holiday programs to summer camps, and all the other services we offer, none of this would be possible without the support and dedication of our amazing staff, families, and community partners. Thank you for making 2023, so far, a memorable year for PHASE.

A huge thank-you goes out to our dedicated staff. Your passion and commitment are what make PHASE the success that it is today. Whether you're a Disability Support Worker, mentor, or a behind-the-scenes hero, you make a difference every single day.

A heartfelt thank you to our wonderful families who entrust their children to us. Your ongoing support and feedback are invaluable. Also, a big shoutout to our community partners who have offered both financial and logistical support to make our programs accessible to all.



Introducing Weekend Outings

You asked, and we listened! We understand that weekends are precious family time, and sometimes planning an outing can be more exhausting than it should be. PHASE is here to help with professionally organized and supervised weekend outings.

What to Expect:

- Educational Trips: Visits to museums, science centers, and historical sites.
- Outdoor Adventures: Nature walks, beach cleanups, and mini-hiking trips.
- Arts and Culture: Attend theatre performances, art exhibitions, and more.

Weekend Camps - The Perfect Mini-Vacation

Sometimes, a weekend is all you need to recharge and learn something new. Our weekend camps aim to provide a condensed version of our summer camp experience, packed into a fun-filled weekend.

We extend our sincerest gratitude to our hardworking team and supportive families. Your continued trust and commitment make it possible for us to innovate and offer exciting new services like weekend outings and camps.

Warm regards,

Jonas Mulombwa | Managing Director



“We should celebrate neurodiversity – the world would be poor and life duller if we were all the same.” – Neil Milliken, Head of Accessibility & Digital Inclusion at Atos

EMPLOYEE OF THE MONTH

Celebrating exceptional support work

At PHASE we believe that we are only as good as our support staff. They form the backbone of our organisation and we pride ourselves in hiring and nurturing some of the most dedicated talent in the industry. We invite our

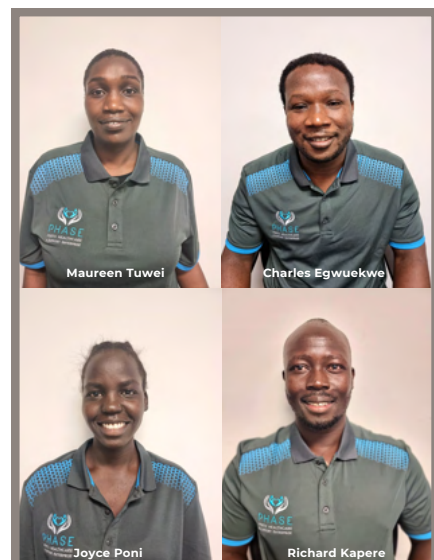


support staff to put forward names of their colleagues who they believe should be acknowledged for their exceptional work. The winner receives a \$50 gift card and a certificate.

This month's Employee of the Month award goes to Mary Mukanshigiro. Mary has shown consistency, reliability and compassion towards her work and PHASE Participants. Mary will always step up to assist where required, She has been a fantastic team player and it is an absolute pleasure to have her as an employee at PHASE. This is why we want to acknowledge Mary and her work and for this we have chosen her as our Employee of the Month.

NEW TEAM LEADERS

We would like to congratulate our new team leaders - Maureen Tuwei, Joyce Poni and Charles Egwuekwe are our newly appointed team leaders. We wish them all the best as they undertake their duties. We also want to acknowledge Richard Kapere who continues with his role as Team leader.

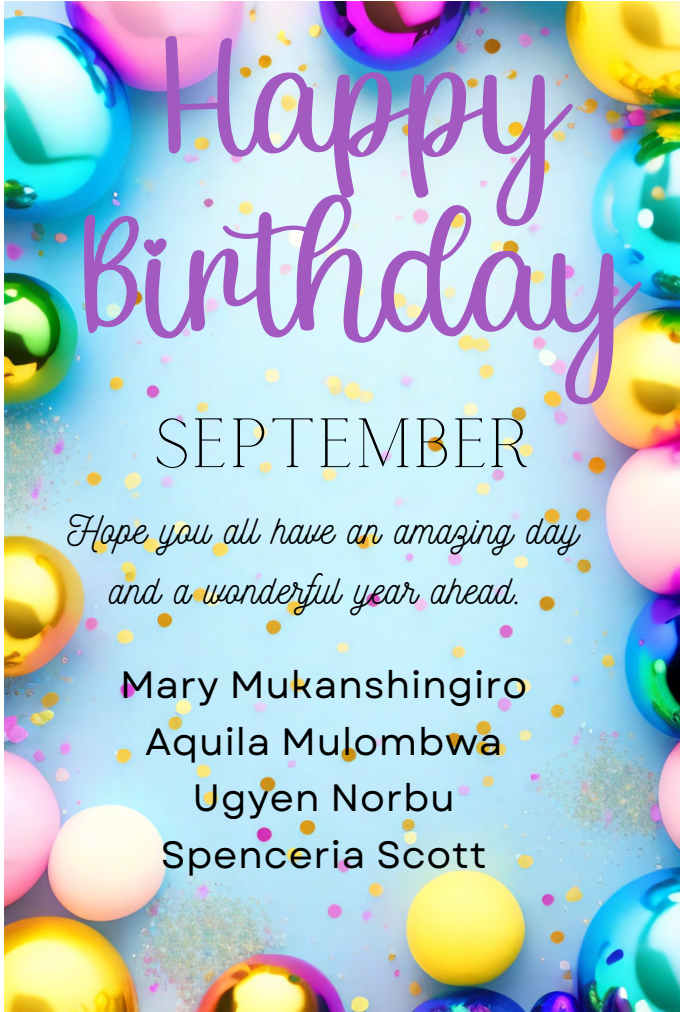


NEW STAFF



Welcome to PHASE

This month we welcome to the PHASE family **Ribka Kassa** who will be joining our troop of committed and enthusiastic support staff. We hope you have a long and happy association with us, We are very happy to have you as part of our team.



WINNERS ALL THE WAY!

Spirit of Netball Award

The netball team to which our participant Lulu belongs was nominated for an award at the Netball Association Awards night. She attended the awards ceremony on 19th August 2023 with all her teammates and coaches.

We are thrilled to report that Lulu's team the 'No Limits Team' won the prestigious Spirit of Netball award. The teams achievement was celebrated and they were given their award certificates. There was much dancing and merry making and everyone had a wonderful time.

We want to extend our heartiest congratulations to Lulu, her team mates and the amazing coaches of the No Limits Team. May this set the course for may more awards and amazing achievements.

“Let’s stop ‘tolerating’ or ‘accepting’ difference, as if we’re so much better for not being different in the first place. Instead, let’s celebrate difference, because in this world it takes a lot of guts to be different.” – Kate Bornstein, author, playwright, performance artist, and gender theorist.



REFRESHER TRAINING

This month all support staff who have worked with PHASE for over 3 months underwent a refresher training. Conducted over a period of 3 days the training covered topics such as the NDIS Code of Conduct, writing progress notes, NDIS Reports and Goals, Writing Goal Notes, Communication Books, RAMPS, NDIS Practice Standards, Personal Emergency Evacuation Plan (PEEP), Safety Data Sheets, Emergency Colour Codes, Fire Danger and PHASE Rosters. The training also covered Incident Management and Restrictive Practices.

Staff participated enthusiastically during the training. They also gave suggestions for future trainings that would enhance their capabilities as support workers. These refresher trainings will be conducted every 6 months to ensure that all our staff stay up to date with the basics principles of working within this industry as well current issues and emerging challenges. The aim of these trainings is to have staff learn through discussions and activities in an space where ideas and knowledge is shared and developed.



AWARD RECEIVED

Joyce Poni who won the award for Employee of the Month - July, and Prince Ampiah who won for the month of June came into the office to receive their certificates and gift vouchers. Congratulations once again Joyce and Prince. Keep up the good work.

"Pain is pain. The broken is broken. Fear is the biggest disability of all. And will paralyse you more than you being in a wheelchair." – Nick Vujicic





Come fall in love with Albany

PHASE SCHOOL HOLIDAY CAMP

CAMP QUARANUP, ALBANY

A rugged coastline of sculpted rocks, peaceful sandy beaches, and nature trails through fragrant bush awaits those with a sense of adventure.

At PHASE, we are focused and committed to creating an accessible, inclusive, and all-diversity embracing environment for kids of all abilities. Our Camps are run by dedicated, qualified Support Staff and supported by the PHASE Management team.

Date: 25th Sept to 29th Sept 2023



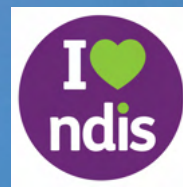
Bookings available now.

Contact: Debra Smith debsmith@perthealthcare.com.au by 15th Sept 2023



School Holiday Program

Term 3 - 23rd Sept to 8th Oct 2023



Saturday, 23/09/2023

Latitude/ Bounce Play Centre & Lake Monger

Climb and tackle sky-high obstacles and bounce around the Olympic grade trampolines. Lake Monger offers a mix of passive recreation areas, nature trails and shaded playgrounds.

Adult \$23.50
Child \$21.50
Socks \$3.50

Sunday, 24/09/2023

Summit Climbing

Rock Climbing is lots of fun and anyone can do it (min age 6). Do something different and have a heap of fun learning to rock climb at our indoor centre. Our instructors will teach your child skills for climbing, help them build confidence and learn about teamwork. This course is great fun for ages 6

Cost: \$20

Monday, 25/09/2023

Super Golf

(Public Holiday Rates Apply)

Super golf in the Swan Valley. A day of fun with oversized super golf and Adventure Putt Putt Miniature golf. Super golf is a unique take on the game of golf and is played with bigger balls and four clubs, making the game easier to play. It is perfect for people of all ages.

Child 5-14 yrs: \$15.00
Adults 15+ \$20.00

Tuesday, 26/09/2023

SciTech West Perth

Dive into marine science, program clever robots, discover dinosaurs, experience the mega 180-degree dome with surround sound, and laser projection, and a lot more during the SciTech Holiday Workshops. Every exhibition is highly interactive and consists of hands-on exhibits.

Age: 4+
Cost: \$15

Wednesday, 27/09/2023

Yanchep National Park

Get up close with kangaroos, koalas and many different birds. Have a picnic and spot the western grey kangaroos and birds, or stroll through the koala boardwalk and learn about this native Aussie icon - how many koalas will you see?

Cost: TBC

Thursday, 28/09/2023

Yanchep National Park

Inflatable World Joondalup Home to the biggest Inflatable Playgrounds in Australia. It's all about having fun!! Bounce on into the inflatable world!! Fun for all ages.. Socks must be worn at all time.

Cost: 5yrs +\$17
NO SOCKS NO PLAY

Friday, 29/09/2023

Yanchep National Park

AQWA AQUA is home to some truly spectacular attractions and exhibitions. One of the latest additions is the Adventure Bay aquarium and activity hub.

Featuring a diving aquarium, an outdoor amphitheater, a kiosk café, and children's playground, and more.

Adult: 16+ \$32
Child: \$19

Saturday, 30/09/2023

SciTech West Perth

Dive into marine science, program clever robots, discover dinosaurs, experience the mega 180-degree dome with surround sound, and laser projection, and a lot more during the SciTech Holiday Workshops. Every exhibition is highly interactive and consists of hands-on exhibits.

Age: 4+
Cost: \$15

Sunday, 01/10/2023

Caversham Wildlife Park & Pia's Place Whiteman Park

Fun-filled -day outing with daily attractions such as Farm Show, Molly's Farm, Meet the Wombat and Friends. Feed the Kangaroos, Train Rides. Whiteman Parks' newest playground is now open! Pia's Place has been designed to allow ALL children the opportunity to play and explore in an inspirational nature-based inclusive play space. This state-of-the-art playground definitely takes the meaning of ALL ABILITIES to a whole new level!!!

Adult: \$32
Child: \$15

Monday, 02/10/2023

Flip Out Joondalup

Is the place to be for active indoor fun! We're an adventure park like no other with 22 Clip n Climb walls, an inflatables course, 18-hole mini golf, after dark house parties...and not a trampoline in sight!

Cost: \$25
Grip socks \$3.80 (or wear your own grip socks)
Please note:
Enclosed shoes must be worn!!

Tuesday, 03/10/2023

DEFES Education and Heritage Museum

Fire Engine enthusiasms!! DEFES Education and Heritage Museum offers a fun, interactive and free experience in the heart of Perth. The Centre is located in the fully restored Perth Central Fire Station (Est in 1900) and showcases the history and heritage of the WA Fire Brigades. During your visit, you'll have the opportunity to learn about natural hazards through their interactive and educational display.

Cost: FREE

Wednesday, 04/10/2023

Chillisaurus Mini Golf

An exciting place to be!!! Glow in the Dark Dinosaur Themed, 18 hole indoor mini golf course. Air conditioned, great music and amazing Cafe Great fun for all ages.

Adult: 15+ \$22
Child: 5-15 yrs \$15

Thursday, 05/10/2023

The West Australian Reptile Park

The West Australian Reptile Park is a family-owned park which has its foundation in Gane Doyle Snr's lifelong passion for reptiles and wildlife. The Park is home to a variety of Australia's fascinating native animals and many of these animals take part in our educational program and entertainment activities. Be game and hold the reptiles!!

Adult: \$34.60
Child: \$17.30

Friday, 06/10/2023

Perth Zoo

Perth Zoo is widely known as a unique events and functions destination and offers a host of amazing experiences. Thousands visit Perth Zoo not only to see animals but to be entertained by the many and varied events held in the Zoo's spectacular setting. Animals have been sourced from around the globe to provide a variety of experiences.

Adult: \$34.60
Child: \$17.30

Saturday, 07/10/2023

Tour of Fremantle

This tour takes you through the history of Fremantle. We visit the Fremantle Prison, Arts Centre, Fremantle Markets, Round House, Walyaup Aboriginal Cultural Centre, and many more. Fremantle has its Victorian Architecture remnants from the days of the British Colony. Come and enjoy the visit with us!

Cost: Free
(Optional) Fremantle Prison Tour
Adult: \$22
Child: \$12

Sunday, 08/10/2023

Explore Kings Park

Rich in Aboriginal and European Culture Heritage, Kings Park offers innovative design, a variety of discovery play areas, DNA tower, raised platform bridge, nature walks, plenty of nature reserves for kids to connect with nature, a Botanical Garden with majestic.

Cost: Free

For enquiries contact:

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PHOTO GALLERY

Pictures worth a 1000 words

