

PHASE MONTHLY

"A World Full of Abilities"



Coronation Ceremony Lunch with the Governor General

INSIDE

1. New Staff
2. Cultural Diversity Day
3. Special Support Stories
4. Competition Alert!

JONAS SAYS

Dear PHASE Community,

We are thrilled to share some exciting news with you all! PHASE has recently embarked on an ambitious journey of expansion, aimed at reaching out to more individuals and providing our exceptional services to as many NDIS participants as possible. As part of this endeavor, we are delighted to announce the opening of our new office in Bunbury!

While our headquarters remain in Balcatta, this expansion into Bunbury marks a significant milestone in our commitment to extending our business reach and making a positive impact in the lives of individuals throughout the region.

The decision to establish an office in Bunbury was driven by our unwavering dedication to delivering quality support services to NDIS participants. We understand the importance of accessibility and convenience, and by opening a local office, we can better serve the community in and around Bunbury.



Our team in Bunbury is composed of highly skilled professionals who are passionate about providing personalised care and support. They are ready to collaborate with participants, their families, and support networks to ensure their needs are met and their goals are achieved.

With this expansion, we aim to enhance our ability to offer a comprehensive range of services, including support coordination, plan management, therapy services, and more. We are committed to delivering person-centered, holistic support that empowers individuals to live fulfilling lives and reach their full potential.

As always, our core values of empathy, respect, and integrity continue to guide us in everything we do. We remain dedicated to fostering strong partnerships with participants, families, and the broader community, as we work together to create a brighter future for all.

If you or someone you know resides in or around Bunbury and requires NDIS support services, please don't hesitate to get in touch with our Bunbury office. Our friendly team is here to assist you, answer any questions you may have, and provide the support you need.

Stay tuned for further updates on our expansion projects, as we continue to strive towards making a positive impact on the lives of more individuals within our community.

Thank you for your ongoing support and trust in PHASE. Together, we are making a difference!

Warm regards,

Jonas Mulombwa | Managing Director

**“Start by doing what’s necessary;
then do what’s possible; and
suddenly you are doing the
impossible.” -Francis of Assisi**

EMPLOYEE OF THE MONTH

Celebrating exceptional support work

At PHASE we believe that we are only as good as our support staff. They form the backbone of our organisation and we pride ourselves in hiring and nurturing some of the most dedicated talent in the



industry. We invite our support staff to put forward names of their colleagues who they believe should be acknowledged for their exceptional work. The winner receives a \$50 gift card and a certificate.

This month's Employee of the Month award goes to **Catherine Tangai**. Catherine goes above and beyond to support participants on every shift. She comes up with great ideas to engage participants in activities of their choice. She engages participants in conversations, offers choices for activities, respects participants and staff. She always ensures that the participant's home is clean while ensuring the participant is not over supported in this task. Catherine has shown excellent work ethic and works well with all staff members. It's all these qualities that make Catherine our Employee of the Month.

COMPETITION!!

Guess the Number

This month we have an fun competition that we welcome everyone to take part in. Look at the picture carefully and guess how many jellybean you think might be in the jar. The person who come closest to the correct figure will win this whole jar of yummy jellybeans. Please email you answers to: arunima.nair@perthehealthcare.com.au.

Last date for entries: **9 June 2023**



NEW STAFF

WELCOME
TO THE TEAM!

Welcome to PHASE

This month we welcome to the PHASE family **Julie Hutchinson** who has joined our Bunbury Branch as an Admin Assistant. We are also happy to add three new, young and talented support workers to our team. Welcome **Deki Dorji, Sonam Lham** and **Bill Junior**. We hope you all have a long and happy association with us. We are very happy to have you as part of our team.



WORLD DAY FOR CULTURAL DIVERSITY

May 21

May 21 is acknowledged as World Day for Cultural Diversity. It recognises the importance of diversity, intercultural dialogue and harmony. Learning about other philosophies, belief systems, cultural practices develops and challenges our mind to new ways of thinking.

At PHASE we pride ourselves for employing a diverse group of staff. Our staff come from varied places like Zimbabwe, Kenya, India, Algeria, Nigeria, Tonga, New Zealand, Bhutan, Australia and many more. We also have staff from various religious affiliations working for us. This diversity has led to a great exchange of ideas, evolving understanding of different cultural practices and perspectives and greater sensitivity to working in multicultural spaces.

We endeavour to keep PHASE as a diverse and respectful space for all kinds of people as we believe this diversity enables us to improve the quality of services we provide to our participants.



“Part of the problem is that we tend to think that equality is about treating everyone the same, when it’s not. It’s about fairness. It’s about equity of access.” – Judith Heumann

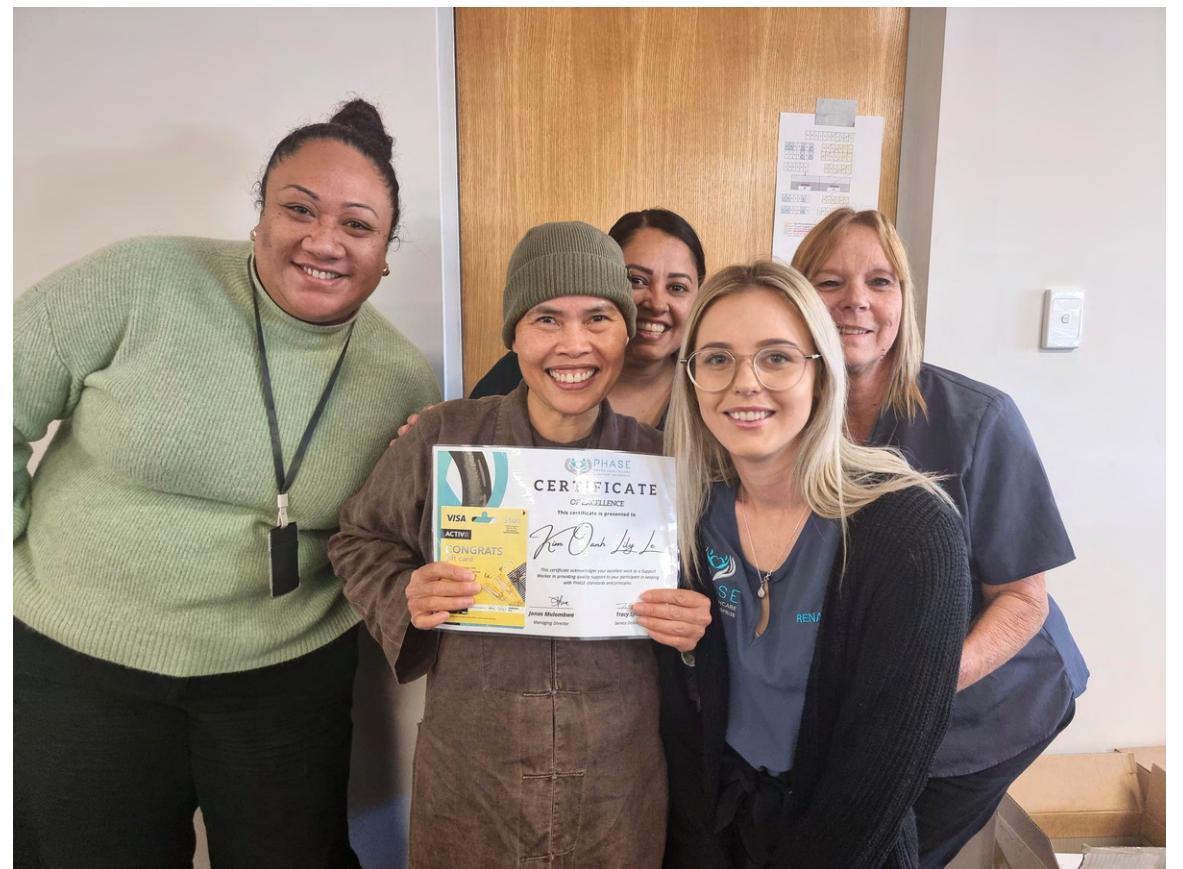
SPECIAL SUPPORT STORIES

The care we provide.

Lulu is a friendly and creative young woman who has been with us for more than a year. Over the course of this time she has participated in a variety of activities and events that reflect her interests. These includes going to Jacob's Ladder, Lesmurdie Falls, the Coogee Festival and going to see her favourite singer, Vanessa Amorosi.

Recently she has been looking for a regular activity to be a part off. Our support staff, **Chiedza Musara** did extensive research and identified No Limits Come and Try Day for Netball. Lulu attended two sessions to try and see if she liked the sport. She enjoyed it tremendously and has now signed up to the team and played in her first proper game a couple of weeks ago.

This activity enables Lulu to be part of a social group and build networks with her peer group. It fills a gap in her schedule for social interaction and physical activity.



“So many of our dreams at first seem impossible, then they seem improbable, and then, when we summon the will, they soon become inevitable.”

— Christopher Reeve

In other news we recently heard from Lulu's Netball team in-charge Nicole, who reported that she was very impressed with Lulu's support staff as they were "lovely and really interested in the best interest of the client." When asked, Nicole specifically mentioned **Kim Le** and **Eugene Eduafo**. She stated that she had observed them encourage Lulu, assisted her where and when required and cheer from the sidelines for Lulu and all other participants. She stated that she found the support staff to be helpful, patient and kind in the way they dealt with Lulu.

This is very encouraging news and we laud Kim and Eugene for embodying the PHASE spirit in providing quality care for our participants while enabling them to achieve their goals and lead a full life. Both Eugene and Kim were commended with a certificate of excellence and a \$100 gift voucher each. We hope that this serves as inspiration for our staff to strive for excellence in the care they provide.

COMING UP!!

PHASE HOLIDAY CAMP

Next term, we also have our school holiday camps, so be sure to book your child in for one of our camps ASAP. They will love the experience of being away at camp for 5 days and 4 nights in self-contained chalets with full staff support, have the opportunity to make friends, learn lifelong skills, team building and have a wonderful time. If you are interested, please ensure that you book 2 weeks prior to the end of the school term – which is 24/06/2023

In the July school holidays we will have 2 camps, one camp on each week of the school holidays.

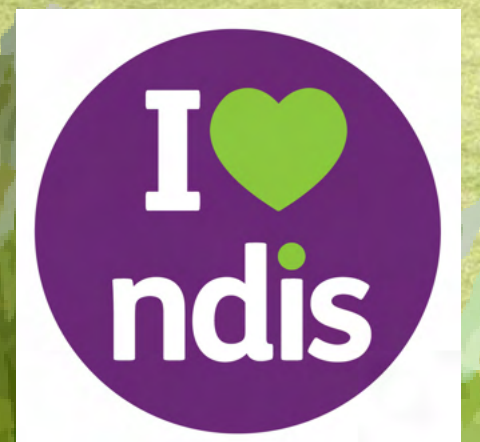
Week 1: 3-7/07/2023 Rottnest Island

Week 2: 10-14/07/2023 Woodman Point (Near Fremantle)

For enquiries contact: Debra Smith

Phone: 08 6184 5812

Email: debsmith@perthealthcare.com.au





COMING UP!!

TERM 2 - JULY 2023

SCHOOL HOLIDAY PROGRAM



Saturday, 01/07/2023
Latitude/ Bounce Play Centre & Lake Monger
 Climb and tackle sky-high obstacles and bounce around the Olympic grade trampolines. Lake Monger offers a mix of passive recreation areas, nature trails and shaded playgrounds.

Adult \$23.50
Child \$21.50
Socks \$3.50

Sunday, 02/07/2023
The Maze - Fun Park
 No maze venue is complete without the iconic hedge maze, so we have planted a labyrinth that is the bees-knees of all mazes and is a Perth first. Oh, and the Tractor Tyre Maze! To conquer this mess, you need to find your way to the giant tyre in the middle of the maze by crossing from tyre-to-tyre across the red, yellow, and blue planks

Adult: \$14+\$10
Cost: \$10

Monday, 03/07/2023
The Beach House
 The Beach House is a great venue for all ages, to go and burn of energy while having heaps of fun!! Play equipment includes an interactive bouncy castle, massive ride on track, soccer tables, electric air hockey tables, flying fox and bumper car area. Socks must be worn at all times.

Children under 12: \$10

Tuesday, 04/07/2023
SciTech West Perth
 Dive into marine science, program clever robots, discover dinosaurs, experience the mega 180- degree dome with surround sound, and laser projection, and a lot more during the SciTech Holiday Workshops. Workshops cater for kids 4-16 years old and there are plenty of options for every kid. Every exhibition is highly interactive and consists of hands-on exhibits. Age: 4+

Cost: \$15

Wednesday, 05/07/2023
Summit Climbing
 Rock Climbing is lots of fun and anyone can do it (min age 6). Do something different and have a heap of fun learning to rock climb at our indoor centre. Our instructors will teach your child skills for climbing, help them build confidence and learn about teamwork. This course is great fun for ages 6

Cost: \$20

Thursday, 06/07/2023
Inflatable World Joondalup
 Home to the biggest Inflatable Playgrounds in Australia. It's all about having fun!! Bounce on into the inflatable world!! Fun for all ages. Socks must be worn at all time..(NO SOCKS NO PLAY)

Cost: Above 5yrs - \$17

Friday, 07/07/2023
Chillisaurus Mini Golf
 An exciting place to be!!! Glow in the Dark Dinosaur Themed, 18-hole indoor mini golf course. Air conditioned, great music and amazing cafe.
 Great fun for all ages.

Adult: Above 15yrs - \$22
Child: 5 to 15 yrs - \$15

Saturday, 08/07/2023
SciTech West Perth
 Dive into marine science, program clever robots, discover dinosaurs, experience the mega 180- degree dome with surround sound, and laser projection, and a lot more during the SciTech Holiday Workshops. Workshops cater for kids 4-16 years old and there are plenty of options for every kid. Every exhibition is highly interactive and consists of hands-on exhibits. Age: 4+

Cost: \$15

Sunday, 09/07/2023
Caversham Wildlife Park & Pia's Place
Whiteman Park Fun-filled -day outing with daily attractions such as Farm Show, Molly's Farm, Meet the Wombat and Friends, Feed the Kangaroos, Train Rides. Whiteman Parks' newest playground is now open! Pia's Place has been designed to allow ALL children the opportunity to play and explore in an inspirational nature-based inclusive play space. This state-of-the-art playground definitely takes the meaning of ALL ABILITIES to a whole new level!!!

Adult: \$32
Child: \$15

Monday, 10/07/2023
Lansdale Farm
 Discover all the animals around the farm, enjoy a scenic ride on our fun tractor cart ride and join in on our daily activities including animal feeding and interaction. Discover the gardens and duck pond on the other side of the property. Hunt for garden gnomes on our exciting gnome trail and take a stroll through the orchard to see what is in season.

Adult \$17
Child \$15

Tuesday, 11/07/2023
DEFES Education and Heritage Museum
 Fire Engine enthusiasms!! DEFES Education and Heritage Museum offers a fun, interactive and free experience in the heart of Perth. The Centre is located in the fully restored Perth Central Fire Station (Est in 1900) and showcases the history and heritage of the WA Fire Brigades. During your visit, you'll have the opportunity to learn about natural hazards through their interactive and educational display.

Cost: Free

Wednesday, 12/07/2023
AQWA
 AQUA is home to some truly spectacular attractions and exhibitions. One of the latest additions is the Adventure Bay aquarium and activity hub. Featuring a diving aquarium, an outdoor amphitheater, a kiosk café, and children's playground, and more

Adult: Above 16yrs - \$32
Child: \$19

Thursday, 13/07/2023
Aviation Heritage Museum
 The Aviation Heritage Museum provides a unique museum experience of civilian and military aviation through extraordinary aviation displays, helpful guides, and special tours. The museum's talented volunteers have designed, donated, and built a truly fantastic array of aviation displays that include 30 aircraft and thousands of artefacts.

Adult: 16+ \$15
Child: \$12
Companion Card Holder: \$10

Friday, 14/07/2023
Perth Zoo
 Perth Zoo is widely known as a unique events and functions destination and offers a host of amazing experiences. Thousands visit Perth Zoo not only to see animals but to be entertained by the many and varied events held in the Zoo's spectacular setting. Animals have been sourced from around the globe to provide a variety of experiences.

Adult: \$34.60
Child: \$17.30

Friday, 15/07/2023
Tour of Fremantle
 This tour takes you through the history of Fremantle. We visit the Fremantle Prison, Arts Centre, Fremantle Markets, Round House, Walyaup Aboriginal Cultural Centre, and many more. Fremantle has its Victorian Architecture remnants from the days of the British Colony. Come and enjoy the visit with us!

Cost: Free
(Optional) Fremantle Prison Tour
Adult: \$22
Child: \$12

Friday, 16/07/2023
Explore Kings Park
 Rich in Aboriginal and European Culture Heritage, Kings Park offers innovative design, a variety of discovery play areas, DNA tower, raised platform bridge, nature walks, plenty of nature reserves for kids to connect with nature, a Botanical Garden with majestic.

Cost: Free



For enquiries contact: Nancye Fa'ave | Email: nancye.faavae@perthealthcare.com.au | Phone: 08 618405818
 Participant: 2:1 - Pick-up & Drop-off



COMING SOON!!

ADULT FRIENDSHIP GROUP

It's hard to make new friends,
but PHASE has got your back!!

Meet with NDIS participants for some
coffee, cake and crafty activities!

Every 2nd Thursday
10:00am - 11:00am
2/226 Balcatta Road
Balcatta

To Register

Email:

tracy.spadaccini@perthealthcare.com.au

Phone:

08 6184 5817

***Limited to 8 individuals - Per Session

***Will require to have their own support worker if applicable.



PHOTO GALLERY

Pictures worth a 1000 words

